

Glossary of types of care referred to in the report

Residential care home	An establishment where care is provided, rather than that care being provided in a person's own home. A residential care home has to be registered with the Care Quality Commission (CQC)
Care home with nursing/ nursing care	A care establishment which is able to provide care and nursing tasks. Registered nurses will be part of the staff. This type of home has to be registered with the Care Quality Commission (CQC)
Reablement	Assistance with daily living activities and care tasks for a temporary period, usually up to six weeks, to enable a person to regain skills. This may often be someone who has been in hospital and needs some additional input for a short time to regain skills and confidence. This is sometimes referred to as a step down or intermediate care. This may be provided in a residential or nursing home environment, or through visits to people in their own homes
Day Care	A non-residential facility that supports the health, nutritional, social support, and daily living needs of adults in professionally staffed, group settings
Respite Care	Short-term accommodation in a facility outside the home , often to provide carers with a break from caring
Extra Care	Extra Care Housing in an extension of traditional supported housing and allows adults to live as independently as possible, with the reassurance of onsite care support when they need it.

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